

PROGRAMME AT A GLANCE

Thursday 26th November 10.00-12.00	Carers' Rights at Work
29th November onwards	Eleanor Worthington Prize on Art and Disability Exhibitions at York Explore and at York Hospital
Monday 30th November 14.00-15.00	Fun and informative virtual eye health quiz!
Tuesday 1st December 14.00-15.00	How to find employment as a chronically ill or disabled young adult
Tuesday 1st December 18.00-18.30	Countdown to Success: Marathon Runner Charlotte Ellis in Conversation
Wednesday 2nd December 10.30-11.45	"It's all about the taste" - Hints and tips for cooking with a sight loss
Wednesday 2nd December 15.00-18.00	Introduction To Signalong (a sign supported communication system)
Wednesday 2nd December 15.00-16:30	The Unlikely History of Disability Arts
Wednesday 2nd December 19.30- 20.30	The War On Disabled People – Author talk by Ellen Clifford
Thursday 3rd December 10.00-16.00	Virtual Drop-In with City of York Council Adult Social Care team
Thursday 3rd December 11.00-11.30	Online link with Urbino for Eleanor Worthington Foundation Art and Disability Prize Giving Event
Thursday 3rd December 13.00-15.00	An open session with York Disability Rights Forum – 'What do disabled people want in York and how can we go about getting it?'
Thursday 3rd December 19.00-21.00	Elizabeth's 'Grease The Musical' Sing-Along
Friday 4th December 17.30-18.15	Flamingo Chicks Inclusive Dance Class for 2 to 25 year olds
Friday 4th December 19.00-21.00	Online Bingo