



**YORK DISABILITY WEEK 2022**  
**26th NOVEMBER TO 3rd DECEMBER**

**Promoting an equal, inclusive and accessible York**

**PROGRAMME AT A GLANCE**

<b>PRE PROGRAMME EVENTS</b>	
<b>Thursday 24th November</b> 6:30 pm – 7:30 pm	York Disability Rights Forum's AGM and 'Looking Back, Looking Forwards'
<b>Friday 25th November</b> 10:00 am – 2:00 pm	Carers' Rights: Planning for your future
<b>Friday 25th November</b> 7:00 pm – 10:00 pm	Poetry for All
<b>PROGRAMME EVENTS</b>	
<b>Saturday 26th November</b> 1:30 pm – 2:30 pm	MySight York: Sensory Storytelling Event for children and young people
<b>Sunday 27th November</b> 6:00 pm – 7:00 pm	Sustainability and Disability - Barriers and Opportunities
<b>Monday 28th November</b> 2:00 pm – 3:00 pm	Sharing the challenges of living with hearing loss at home, work and socially: discussing some solutions
<b>Monday 28th November</b> 11:00 am – 12:00 pm	Finding Fulfilment When Living With Fatigue
<b>Tuesday 29th November</b> 12:00 pm – 12:45 pm	Supported Employment: removing barriers to employment for disabled people
<b>Tuesday 29th November</b> 1:00 pm – 2:00 pm	Why making your website digitally accessible is essential
<b>Tuesday 29th November</b> 1:00 pm – 2:00 pm	City Centre wellbeing walk

<b>Tuesday 29th November</b> 5:30 pm – 6:30 pm	Driving with a medical condition
<b>Thursday 1st December</b> 10:00 am - 12.30 pm	'Let's Get Together and Be Heard'. A social and information session for anyone from the Learning Disabilities Community in York
<b>Friday 2nd December</b> 10:00 am – 12:30 pm	Disability Confidence training for York Businesses
<b>Friday 2nd December</b> 11:00 am – 12:00 pm	Eleanor Worthington Prize Giving Event: Disability and Technological Innovation
<b>Friday 2nd December</b> 11:00 am – 12:00 pm	Fishergate Wellbeing Walk
<b>Friday 2nd December</b> 1:00 pm – 3:00 pm	Sign Supported Communication: Learn the basics
<b>Friday 2nd December</b> 7:00 pm – 9:00 pm	'Can-do-Disco'
<b>EXHIBITIONS</b>	
<b>Saturday 26th November 2022 - Thursday 16th February 2023</b>	Twenty Years of Speaking Up, Self Advocacy and Learning Difficulties. A History of York People First, in Photos and Easy Read.
<b>Saturday 26th November 2022 - Thursday 16th February 2023</b>	Eleanor Worthington Prize 2021 Exhibition 'Disability and Technological Innovation' at York Explore
<b>Friday 2nd December 2022 - Tuesday 3rd January 2023</b>	Eleanor Worthington Prize 2021 Exhibition 'Disability and Technological Innovation' at York Hospital
<b>'WATCH AGAIN' EVENTS</b>	
Unlikely History of Disability Arts	
Countdown to Success: Marathon runner Charlotte Ellis in conversation	
Journey to being active - Mo Onyett and Beth Moulam	

**All programme details were correct at the time of going to press.  
For full details and updates please visit our website  
at [www.yorkdisabilityweek.org](http://www.yorkdisabilityweek.org) or call 01904 702060**